

SAFETY ALERT

USING A LADDER



Caution

- ✗ Never lean out too far from a ladder—work within arm's reach.
- ✗ Do not 'walk' the ladder while still on it.
- ✗ Never use a ladder if you are alone and cannot get assistance if you have an accident.
- ✗ Do not push or pull against other objects when up the ladder unless the ladder is properly secured—these forces can destabilise the ladder.

STAY SAFE

CHECK THE LADDER BEFORE USE

Ensure the ladder is in good condition and fitted with non-slip safety feet.

Set up safely

Place the ladder on dry, firm and level ground and engage all locks and braces.

Climb safely

Only climb to the second rung from the top of a step ladder or the third rung from the top of an extension ladder.

For further information contact

ACCC Infocentre on 1300 302 502

www.accc.gov.au



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